

TIP SHEET

MDS ADL CODING



DEFINITION: ADL Self Performance: Measures what the resident actually did (not what he or she might be capable of doing) within each ADL category over the last 7 days". RAI Manual pg 3-76

- a. Bed mobility: Includes moving from side to side, repositioning in bed and going from lying to sitting
- b. Transfer: How the resident transfers between bed and chair, chair to chair, etc. does not include toilet transfer
- c. Walk in room: How the resident walks between locations in their room
- d. Walk in corridor: How resident walks in corridor on unit
- e. Locomotion on unit: How residents moves about the nursing unit from room
- f. Locomotion off unit: How the resident gets to and returns from locations off the unit
- g. Dressing: How the resident puts on and takes off clothing
- h. Eating: How the resident takes in nutrition by eating, IV's or tube feeding.
- i. Toilet use: Wherever elimination occurs and how the resident manages the transfer, clothing, cleaning up etc.
- j. Personal Hygiene: combing hair, shaving, applying make-up etc.

CODING:

1. Actual level of involvement
2. Do not code what you believe they might be able to do
3. Do not code what they should be able to do
4. Look at all the whole 24 hours
5. See page 3-90 to determine level of assistance based on frequency of occurrence
6. Code each column independently from each other

Coding Section G1A Resident's Self Care Performance

- 0: Independent, No help or staff over sight
- 1: Supervision: Stand by assist, oversight, encouragement, cueing
- 2: Limited Assist: Contact guard assist, guiding or maneuvering, but non weight bearing
- 3: Extensive Assist: Min-mod-max assist. Weight bearing support necessary
- 4: Total Dependence: Staff performed the entire activity
- 8: Activity did not occur during the 7 day period

Coding Section G1B ADL Support Provided

- 0: No set-up help or physical help from staff
- 1: Set-up help only: Resident performs activity after material/devices are made available
- 2: One person physical assist
- 3: Two or more person's physical assist
- 8: Activity did not occur during the 7 day period

EXAMPLES:

1. Resident required a min assist to stand for a transfer between 2 chairs. It would be coded as Self performance: 3 and Support provided: 2
2. Resident is receiving a 100% of his nutrition via a G-tube. It would be coded as Self Performance: 4 and Support provided: 2
3. Resident needs help zipping his pants after using the bathroom and to be reminded to wash his hands. It would be coded as Self Performance: 2 and Support provided 2.

See RAI Manual 3-83 through 3-89 for many other examples.